

Z GLUTEN-FREE LUNCH

At Z'Tejas, our goal is to provide every guest with fresh, flavorful food and a great dining experience. Therefore, in cooperation with the Gluten Intolerance Group® (GIG®), we have created a gluten-free menu based on the most current ingredient information from our food suppliers and their stated absence of wheat/gluten protein within these items.

SALADS & ENTRÉES

Z'SALAD Fresh field greens with red and green peppers, Roma tomatoes, parmesan cheese, topped with grilled cilantro chicken and served with your choice of sun-dried tomato basil or red wine vinaigrette. 10.59

With grilled cilantro pesto shrimp. 10.89

GRILLED FISH SALAD Fresh grilled fish served on top fresh field greens tossed in sun-dried tomato basil vinaigrette, topped with creamy goat cheese, spicy walnuts, and a lime wedge. 10.99

SMOKED CHICKEN & BLACK BEAN SALAD Tossed greens with smoked chicken and black beans in a red wine vinaigrette dressing, topped with creamy goat cheese, green and red bell peppers, Roma tomato slices, and red onion rings, sprinkled with roasted pumpkin and sesame seeds. 10.59

WILD MUSHROOM ENCHILADAS Two steamed corn tortillas wrapped around avocado relish, Jack cheese and mixed wild mushrooms, topped with ancho mole cream sauce and served with green chile rice and black beans. 9.59

FROM THE GRILL

Entrées come with your choice of two sides; green chile rice, black beans, or vegetable of the day.

GRILLED SALMON Fresh Atlantic grilled salmon. 14.99

PESTO RUBBED CHICKEN Grilled chicken breast rubbed with tangy cilantro pesto. 10.29

DRINKS

6TH STREET FROZEN MARGARITA Our classic, award-winning house margarita – proudly named after our original location in Austin, Texas.

REDBRIDGE BEER A rich, full-bodied lager brewed from sorghum for a well-balanced, moderately hopped taste.

REPUBLIC OF TEA Ask your server for tea flavors.

Z'Tejas Southwestern Grill and GIG® assume no responsibility for the use of this gluten-free menu. Patrons are encouraged to consider this information in light of their individual requirements and needs. Please be aware that Z'Tejas is not a gluten-free establishment and therefore, cross contamination may occur.